

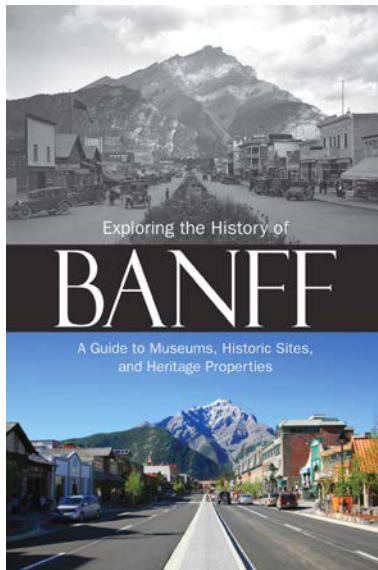


FOR IMMEDIATE RELEASE

Contact: Andrew Hempstead, 403 762 0535  
info@summerthought.com

## *Exploring the History of Banff*

A Guide to Museums, Historic Sites, and Heritage Properties



*Exploring the History of Banff* is a guide to Banff's museums, historic sites, and heritage properties. This information-packed book brings together historical information, timeless photos, and handy maps in one user-friendly package.

Many of the historic sites and heritage properties in *Exploring the History of Banff* are in and around downtown Banff. Using this book, it is easy to spend at least a day walking around town, learning about local history, while also soaking up the surrounding panorama of mountains, forests, and waterways. Not only is Banff's history accessible, it can be enjoyed by those with varying interests and all ages. This book highlights where hiking trails incorporate points of historic importance, such as the easy interpretive walk around the coal mining operation at Bankhead, the riverside stroll to Sundance Canyon, and the site of a lookout tower atop Tunnel Mountain. Golfers can walk the fairways of century-old Banff Springs Golf Course, families can ride the Banff Gondola to a National Historic Site atop Sulphur Mountain, and then everyone can enjoy soothing weary bodies at the historic Upper Hot Springs.

Exploring the History of Banff / 1st edition / Andrew Hempstead  
ISBN: 978-0-9811491-6-5 / June 2012 / \$19.95 / 144 pages / 6 x 9 inches

### **About the Author**

Banff resident Andrew Hempstead has been writing about and photographing the Canadian Rockies since the early 1990s. He has authored and updated 60 guidebooks that have sold over 700,000 copies for Frommer's, Michelin, Dorling Kindersley, and Avalon Travel. Other writing clients include Microsoft, Expedia, Parks Canada, the Canadian Automobile Association, and Travel Alberta. He is also an accomplished photographer, with images appearing in hundreds of books, magazines, and graphic products.

### **About Summerthought Publishing**

Based in Banff since 1971, Summerthought cares passionately about the Canadian Rockies and about books. We are a vibrant, proudly independent local publisher producing books that we believe in and that we think readers will enjoy.

**Summerthought**

[www.summerthought.com](http://www.summerthought.com)

Tel 403 762 0535 • Fax 403 762 3095 • PO Box 2309 Banff, AB T1L 1C1, Canada